

A Group Gliss Tones Party

A really fun thing to do with these Gliss Tones is to get a few trombone compatriots together for a group warm up. As you well know, anytime you can gather some trombone players together...a good time shall ensue! (or...someone is going to get into trouble ☺) So, why not have a group warm up? You can all play the straight ahead Gliss Tone (with or without the Gliss Track) on the preceding page and then go right into this one. Here's what's up:

1. Choose a starting note of the chord in the first measure, then gliss slowly to the next adjacent one creating a line (for example, if you choose the "C" in the first measure which is the second note from the top of the chord, gliss down to the "B" which is the second note from the top of the chord in the next measure, etc. This is also a cool way to encounter alternate slide positions in their natural habitat. You will sometimes need to cross over a break to go from one note to the next—depending on which chord tone you begin with. Also, sometimes you will gliss up or hold the same note. It's an adventure!
2. Treat the rest of the exercise as you would the regular Gliss Tones. Let the air in fully, tongue articulation on the starting note, then a slow gliss to the next note with a full tone all the way.
3. Use a slow tempo (quarter = 50 or so) medium volume, and of course LOTS of free-flowing AIR throughout.
4. Assign someone to improvise over each chord. This is HUGE fun!
5. The benefits of this exercise are many: working on intonation, air efficiency, ensemble playing, improvisation, etc.
6. Take your time glissing between the last two chords of the exercise for ultra-dramatic cadential effect.
7. Remember, the idea is to keep the gliss between each chord full of air and tone all the way through. This is a texture that will massage your embouchure, improve your air efficiency, and almost certainly guarantee you a good night's sleep!

The musical notation is written in bass clef, 4/4 time. It consists of four rows of four measures each. The chords and gliss tones are as follows:

- Row 1: Bb^9 , A^9 , Bb^{maj7} , $A^b7(SUS4)$
- Row 2: $Bb(\#11)$, $G^{maj7}(\#11)$, $Bb\%6$, $G^bmaj7(ADD9)$
- Row 3: $Bb^{maj7}(ADD9)$, $F7(ADD9)$, $Bb^{maj7}(\#11)$, $E^{maj7}(ADD9)$
- Row 4: $Bb^{maj7}(ADD13)$, B/F , Bb

The final measure of the fourth row includes a "RIT." marking with a dotted line.